

**MEDICAL NUTRITION THERAPY REFERRAL
DURHAM COUNTY HEALTH DEPARTMENT**

Fax or mail to Durham County Health Department, Nutrition Services, 414 East Main Street,
Durham, NC 27701 ♦ 919/560-7791 fax 919/560-7786

For faxed referrals, original referral must follow by mail.

Patient _____ DOB ____/____/____
Name of parent/guardian _____ Phone _____
Gender: M F Language: English Spanish Other, _____
Address _____
Directions to home (when applicable) _____

Reimbursement Source: (check all that apply) Medicaid Health Choice Private Insurance
 Uninsured. Policy No: _____

Patient may be responsible for charges not covered by insurance. Fees are based on a sliding scale.

Referral Information: Completed by person making referral; please include all applicable information.
Referral for nutrition counseling for medical conditions such as diabetes, hypertension, etc. must be
completed by treating provider. **Information marked with an asterisk (*) must be completed.**

*Reason for Referral _____
*Diagnoses _____
*ICD-9 code(s) _____ **Indicate ICD code to highest level of specificity**
*Nutrition Order: dietitian to evaluate & formulate other, specify _____

Expected nutrition outcome _____
Medications _____
Relevant labs/other data _____ (date/s)
Height/length _____ Weight _____ (date) _____
BMI-for-age percentile _____ Birth weight _____ Gestational age: _____

Please include copies of growth charts when applicable.

Exercise restrictions ___no ___yes, specify _____
Referral Date _____ Provider completing referral/phone _____
*Patient's Physician (signature) _____
Physician name (please print) _____ UPIN # _____
Address _____ Phone _____ Fax _____

Additional Information:

For Nutrition Office Use Only

1. Letter Sent _____ 2. 1st TC Made _____
3. PC Sent _____ 4. 2ND TC Made _____
5. _____ 6. _____

Appointment(s).

1. Appointment Date _____ DNKA---- Reschedule Re-evaluate _____
2. Appointment Date _____ DNKA---- Reschedule Re-evaluate _____

NOTES:

DCHD# _____